

Warrnambool 'Steps & Traditions' Tuesday 7.30pm * # Gateway Church of Christ, Raglan Pde (Princess Hwy), near K-mart. Susy (03) 5561 4013 / 0407 052 763
Warrnambool Wednesday 12.30pm * # St Joseph's Church meeting room, Raglan Pde.
Warrnambool Thursday 8pm * # St Joseph's Church meeting room, Raglan Pde
Wonthaggi Friday 10.30am * St Georges Church meeting room, 5 Hagelthorn St. Josie (03) 5657 4438 / 0438 309 155 or Rosemary (03) 5672 4947 / 0409 639 081

AL-ANON MEETINGS LISTED BY DAY (not Tasmania)

MONDAY 10am Endeavour Hills **10.30am** Box Hill, Croydon, Moonee Ponds **12pm** Seymour **1pm** Colac **1.30pm** Traralgon
7pm Warragul **7.30pm** Bairnsdale (3rd Monday) **8pm** Bendigo, Essendon Adult Children, Heidelberg, Malvern East Adult Children, Ringwood East Adult Children
TUESDAY 10.30am Boronia **10.45am** Northcote **1pm** Ballarat, Frankston **5.15pm** Werribee **7pm** Geelong **7.30pm** Chelsea, Glen Huntly, Warrnambool **8pm** Castlemaine, Collingwood, Glenroy, Greensborough, Mitcham, Newborough
WEDNESDAY 10.30am Castlemaine, Geelong, Sunshine **12:30pm** Warrnambool **1pm** Foster, Lilydale, Newborough, Ocean Grove **7pm** Wallan **7.30pm** Geelong Beginners **8pm** Brighton, Dandenong, Essendon, Hawthorn, Horsham, Ringwood East
THURSDAY 10am Portland **10.30am** Moonee Ponds **12.30pm** Bendigo, City (Melbourne) **1pm** Bairnsdale, Cheltenham, Gardiner Adult Children, McCrae **7.30pm** Ocean Grove **8pm** Footscray, Frankston, Hamilton, Mont Albert, Warrnambool
FRIDAY 10.30am Springvale, Balaclava, Ferntree Gully, Wonthaggi **11am** Broadmeadows **11.30am** Geelong **6pm** Carlton North **7pm** Melton South **7.30pm** Ballarat, Mount Gambier, Pakenham, San Remo **8pm** Croydon, St Kilda
SATURDAY 10.30am Carlton North **1.30pm** Maffra **2pm** Dandenong North, St Kilda, Williamstown **3pm** Mornington **8pm** Eltham, Essendon North, Oakleigh, St Albans
SUNDAY 10am Mornington Spiritual Concept **11am** Hampton **2pm** Diamond Creek **5.30pm** Daylesford (1st Sunday) **6pm** Brunswick **7pm** Geelong Adult Children, South Yarra **8pm** Burwood

AL-ANON MEETINGS TASMANIA

Eastern Shore (Kangaroo) Saturday 7.30pm * Salvation Army Hall, 135 Clarence St, Howrah. Lesley (03) 6229 3227
Bridgewater Friday 10am * # St Paul's Church hall, Paice St. Ray (03) 6249 1388. *Call Sarah first (03) 6268 0600*
Devonport Monday 7.30pm * # Community Centre, 10 Morris Ave. Maggie (03) 6424 5029 / 0459 287 845
Devonport Thursday 4.45pm * # Community Centre, 10 Morris Ave. Maggie (03) 6424 5029 / 0459 287 845
Hobart City Thursday 12.15pm ^ Wesley Hall (upstairs front) 58 Melville St. Jill (03) 6243 6601

Hobart Sunday 6.45pm * # Scots Memorial Church (rear hall), 29 Bathurst St. Jane 03 6295 0578
Launceston Thursday 7.30pm * # Maggie's Place (end of lane), Pilgrim Centre, 34 Patterson St. Billie (03) 6344 2639 or Desma (03) 6339 2629
New Town Wednesday 1pm ^ St James Parish hall, Rupert Ave. Marilyn (03) 6249 7555.
St Helens Sunday 2pm * St Pauls Church hall, Cecilia St. Rose (03) 6376 3335 / 0418 729 605

ALATEEN MEETINGS MELBOURNE & COUNTRY

Bendigo Monday 6.30pm * # Not school holidays DOXA School, 118 Hargreaves St (enter 2nd door on right, please knock) Helen (03) 5441 1131
Geelong 1st & 3rd Tuesdays 7–8.15pm Not school holidays Baptist Church, cnr Volum St & Shannon Ave, Manifold Heights. Carmel (03) 5277 2142 / Maria (03) 5250 2576.
Heidelberg Monday 8pm (over 12) * Scots Church, Burgundy St
Malvern East Monday 8pm * # Mary McKillop room, Ewing Memorial Church, cnr Burke Rd & Coppin St (enter Coppin St)
When our Information Service Office lists a group at its request, there is an informal agreement that the group will abide by Al-Anon Traditions and keep its doors open to any Al-Anon member. Listing in the directory does not constitute approval of any group's manner of practicing the Al-Anon program. If the group you attend is not right for you, please try another. There is help available in Al-Anon.

Group details change frequently. For latest information, check the website or contact your local office.

NATIONAL HELPLINE: 1300 252 666

WEBSITE: www.al-anon.alateen.org/australia

Al-Anon Family Groups Victorian Southern Area (VSA)
Office address: Level 7, 51 Queen Street, Melbourne 3000
Postal address: GPO BOX 5458, Melbourne 3001
Office hours: 10:30 am–2:30 pm Monday–Thursday
Office phone/fax: (03) 9642 3331
Helpline: (03) 9642 3330 10:30 am–2:30 pm Monday–Friday.
Recorded message with emergency numbers after hours.
Email: alanonvsa@netspace.net.au

Al-Anon Family Groups Southern Tasmania District
Postal address: PO BOX 415 North Hobart TAS 7002
Phone: (03) 6231 5178

Al-Anon Family Groups Northern Tasmania District
Postal address: c/- St Paul's Church Hall, Cecilia St., St Helens TAS 7216 *Phone:* (03) 6231 5178
Geelong District Helpline: (03) 5229 0047

Australian General Service Office (AGSO)
Office address: Level 7, 51 Queen Street, Melbourne 3000
Phone: (03) 9620 2166 *Fax:* (03) 9620 2199
Postal address: GPO Box 1002, Melbourne 3001
Office hours: 10:30 am–5:30 pm Monday–Wednesday

AL-ANON FAMILY GROUPS Victorian Southern Area (including Tasmania) MEETING LIST Updated 02 April 2012

The Al-Anon Family Groups are a fellowship of relatives and friends of alcoholics, who share their experience, strength and hope in order to solve their common problems. We believe alcoholism is a family illness and that changed attitudes can aid recovery. Al-Anon is not allied with any sect, denomination, political entity, organization or institution; does not engage in any controversy, neither endorses nor opposes any cause. There are no dues for membership; Al-Anon is self-supporting through its own voluntary contributions. Al-Anon has but one purpose, to help families of alcoholics. We do this by practicing the Twelve Steps, by welcoming and giving comfort to families of alcoholics, and by giving understanding and encouragement to the alcoholic.

KEY: * WHEELCHAIR ACCESS ^ NO WHEELCHAIR ACCESS # DISABLED TOILET

AL-ANON MEETINGS MELBOURNE & SUBURBS

Balaclava Friday 10.30am * # Community room, St Kilda Library, 150 Carlisle St. *Open Good Friday 6 April.*
Boronia Tuesday 10.30am Wesleyan Church, 36 Pine Cres.
Box Hill Monday 10.30am ^ Wesley Uniting Church (rear), cnr Oxford & Station Sts.
Brighton Wednesday 8pm * # Trinity House, 15 Black St.
Broadmeadows Friday 11am St Dominics Church (rear), 382 Camp Rd
Brunswick Sunday 6pm ^ St Ambrose Parish Centre, 287 Sydney Rd
Burwood Sunday 8pm Bennettswood Neighbourhood House, 7 Greenwood St
Carlton North Friday 6pm * # Carlton Library, 667 Rathdowne St
Carlton North Saturday 10:30am * # Carlton Library, 667 Rathdowne St. *Closed Easter Saturday 7 April*
Chelsea Tuesday 7.30pm * # Room 1, Longbeach Place, 15 Chelsea Rd
Cheltenham Thursday 1pm ^ St Matthews Church (hall at back, next to police station), cnr Nepean Hwy & Park Rd
City Thursday 12.30pm * # Level 3 meeting room, Salvation Army City Temple, 65-73 Bourke St
Collingwood Tuesday 8pm * Collingwood (North Yarra) Community Health Centre, 154 Sackville St.
Steps 3rd Tuesday of month
Croydon Monday 10.30am * # Uniting Church (hall at rear), cnr Croydon Rd & Tallent St
Croydon Friday 8pm * # Uniting Church (hall at rear), corner Croydon Rd & Tallent St
Dandenong Wednesday 8pm * Dandenong Hospital, David St (seminar room 2, West entrance)

Dandenong North Saturday 2pm ^ St Gerards Community Centre (in car park) Gladstone Rd
Diamond Creek Sunday 2pm * # Living & Learning Centre, 119 Cowin St
Eltham Saturday 8pm * Living & Learning Centre Sunroom, 739 Main Rd. *Steps 2nd Saturday of month*
Endeavour Hills Monday 10am * # Andrew Centre, cnr Hanna Drive & Heatherton Rd
Essendon Adult Children Monday 8pm ^ St Therasas Church (counting room), 48A Lincoln Rd.
Steps 1st & 3rd Mondays of month
Essendon Wednesday 8pm Small hall rear of St Therasas Church, 48A Lincoln Rd
Essendon North Saturday 8pm * # Anglican Church Parish Centre, cnr Mt Alexander Rd & Marco Polo St (enter via Marco Polo St)
Ferntree Gully Friday 10.30am * # Uniting Church, cnr The Avenue & Wyuna St
Footscray Thursday 8pm * # Baptist Hall, 60 Paisley St
Frankston Tuesday 1pm * Karingal Place, 103 Ashleigh Ave
Frankston Thursday 8pm * # Uniting Church hall, 16 High St
Gardiner Adult Children Thursday 1pm * # Wesley Hall, St Andrews Church, cnr Burke & Malvern Rds
Glen Huntly Tuesday 7.30pm * St Anthony's Tennis Club rooms, Neerim Rd, near cnr Grange Rd
Glenroy Tuesday 8pm * # Neighbourhood Learning Centre, 5B Cromwell St
Greensborough Tuesday 8pm * # tennis pavilion, St Mary's Church, 204 Grimshaw St
Hampton Sunday 11am * # Castlefield Community Centre, cnr Bluff & South Rds
Hawthorn Wednesday 8pm # St Columbs Church hall, cnr Burwood Rd & St Columbs St. Car park entry Paterson St.
Steps 1st Wednesday of month
Heidelberg Monday 8pm * # Scot's Church (near overhead railway), Burgundy St
Lilydale Wednesday 1pm * # Uniting Church, cnr Anderson & George Sts
McCrae Thursday 1pm ^ St Katherine's Church hall, Bartels St
Malvern East Adult Children Monday 8pm * # Ewing Memorial Church, cnr Burke Rd & Coppin St (enter Coppin St)
Melbourne see 'City'
Melton South Friday 7pm * # Community Centre, 26 Exford Rd
Mitcham Tuesday 8pm * # Uniting Church, cnr Whitehorse & Doncaster East Rds, in 'Brown Room' off foyer
Mont Albert Thursday 8pm * # John English room, Carter Hall, rear Holy Trinity Church, 177 Union Rd (enter via Montrose St), Surrey Hills
Moonee Ponds Monday 10.30am * Old Court House, Kellaway Ave (opposite Queens Park)
Moonee Ponds Thursday 10.30am * # Baptist Church, cnr Laura & Eglinton Sts

Mornington Saturday 3pm * # Mornington Community Centre, 9 Albert St (enter via Main St)
Mornington Spiritual Concept Sunday 10am * # Bentons Square Community Centre, 145 Bentons Rd
Northcote Tuesday 10.45am * # Jika Jika Community Centre, cnr Union & Plant Sts (press buzzer if difficulty with gate)
Oakleigh Saturday 8pm ^ rear Sacred Heart Church, Warrigal Rd
Pakenham Friday 7.30pm Senior Citizens Hall, 38 James St (next door to scout hall)
Ringwood East Adult Children Monday 8pm * # Maroondah Social & Community Health Centre, 75 Patterson St (log cabin, down right-hand side of building) *Steps 1st Monday of month. Closed Easter Monday 9 April*
Ringwood East Wednesday 8pm * # Maroondah Social & Community Health Centre, 75 Patterson St (log cabin, down right-hand side of building)
South Yarra Sunday 7pm * St Joseph's Parish, 30 Fitzgerald St. *Step & Tradition 1st Sunday of month*
Springvale Friday 10.30am ^ # Church of Christ (hall at rear), Buckingham Ave, cnr Windsor Ave (use car park entrance)
St Albans Saturday 8pm ^ Sacred Heart Primary School staff room, Winifred St.
St Kilda see also *Balaclava*
St Kilda Friday 8pm * # Community room, St Kilda Library, 150 Carlisle St. *Open Good Friday 6 April.*
St Kilda Saturday 2pm * # Community room, St Kilda Library, 150 Carlisle St. *Steps 1st Saturday of month*
Sunshine Wednesday 10.30am * # Uniting Church conference room, 28 Withers St
Werribee Tuesday 5.15pm *not public holidays* * # Wyndham Community Health Service (ISIS Care), 117-129 Warringa Cres Hoppers Crossing (close to Derrimut Rd cnr)
Williamstown Saturday 2pm ^ St Andrews Church Hall, Cecil St, between Cole & Thompson Sts. *Steps 1st Saturday of month Open Easter Saturday 7 April.*

AL-ANON MEETINGS VICTORIAN COUNTRY

Bairnsdale Thursday 1pm ^ Presbyterian Church meeting room (at rear), 149 Nicholson St. Dianne (03) 5156 9232
Bairnsdale 'Steps & Traditions' 3rd Monday 7.30pm * *Temporary venue change to end March 2012, due to renovations, call Jennifer (03) 5152 5110*
Ballarat 'Steps' Tuesday 1pm * # Eastwood Leisure Complex, Eastwood St (enter via Short St), Margaret-Ann 0418 138 003
Ballarat Friday 7.30pm * # Ballarat Community Centre, 407 Errard St, cnr Sebastopol St. Ilana (03) 5335 8490
Bendigo Monday 8pm * # DOXA School, 118 Hargreaves St (enter 2nd door on right, please knock) Helen (03) 5441 1131
Bendigo Thursday 12.30pm * # Randalls Room, St Andrews Church hall, 24 Myers St. Elsie (03) 5444 5104 / 0438 532 748
Castlemaine Tuesday 8pm * Room 5, 1st floor, Geo. Clarke Building, 203 Barker St (one door up from arcade). Beryl (03) 5472 2221

Castlemaine Wednesday 10.30am * # Guide Hall, cnr Forest Rd & Kennedy St (direct walk from station). Pat (03) 5470 6724
Colac Monday 1pm * *In recess until 23/04/2012.* St Marys Church meeting room, Gellibrand St. Mary (03) 5234 6339 / 0418 174 306
Daylesford 1st Sunday of month 5:30pm * # Community Room, Hepburn Health Service, cnr Jamieson & Hodge Sts. Ivor (03) 5348 3864 / 0438 587 608
Foster Wednesday 1pm * # St Joseph's Church, O'Connell Rd. Joan (03) 5682 1058
Geelong 'Steps & Traditions' Tuesday 7pm * # Baptist Church, cnr Volum St & Shannon Ave, Manifold Heights. Sheridan (03) 5275 0331 / 0408 357 682
Geelong Wednesday 10.30am * # Tyne Cottage, 163 Yarra St (between Little Myers & McKillop Sts). Bev (03) 5248 1884
Geelong Beginners Wednesday 7.30pm * # 35 Corio St. Vickie 0424 860 254
Geelong 'The Steps We Take' Friday 11:30am * # Tyne Cottage, 163 Yarra St (between Little Myers & McKillop Sts) Frieda (03) 5248 1537 *Closed Good Friday 6 April*
Geelong Adult Children Steps, Traditions & Concepts Sunday 7pm ^ 44 Spring St, Geelong West. Cassandra (03) 5223 1049 / 0409 313 331
Hamilton Thursday 8pm * # Uniting Church hall, Lonsdale St. Bernadette (03) 5572 3849
Horsham Wednesday 8pm * # Wimmera Base Hospital Day Centre (enter via lane off Robinson St). Ronnie 0457 825 760
Maffra Saturday 1.30pm * St John's Parish Centre, Thompson St. Lorraine (03) 5145 6885
Mount Gambier Friday 7.30pm * Melaleuca School, Boandik Tce. Dianne (08) 8723 2848 / 0421 217 441 or Barbara (08) 8723 0612
Newborough Tuesday 8pm ^ Uniting Church hall, Old Sale Rd. Beth (03) 5127 6413
Newborough Wednesday 1pm ^ Uniting Church hall, Old Sale Rd. Beth (03) 5127 6413
Ocean Grove Wednesday 1pm * Anglican Church hall, cnr Draper & Hodgson Sts. Julie (03) 5243 5447
Ocean Grove Thursday 7.30pm * Anglican Church hall, cnr Draper & Hodgson Sts
Portland Thursday 10am * Presbyterian Church hall, 13 Tyers St. Dawn (03) 5523 6269
San Remo Friday 7.30pm * # St Augustine's Church, Marine Parade. Eileen (03) 5956 6909 / Judy (03) 5952 3467
Seymour Monday 12pm ^ Uniting Church hall (rear), cnr Crawford & Tristan Sts. Colleen 0437 258 481
Traralgon Monday 1.30pm * Kath Teychenne Centre, 11 Breed St. Sylvia 0488 383 102
Wallan Wednesday 7pm * # Wallan Neighbourhood Centre, Children's Room, 42-80 Bentinck St (behind Police Station)
Warragul Monday 7pm * # St Andrews Church, 210 Sutton St. Pam (03) 5625 4331