



## Personal Crisis Information

Alcoholics Anonymous (AA)	9429 1833
Beyond Blue Depression Initiative	1300 224 636
<b>C.A.T. Team Emergency (24 Hr)</b>	<b>1300 792 977</b>
<b>Crisis Accommodation (24 hour)</b>	<b>9792 0750</b>
Dental Emergency	1300 360 054
DHS General Enquiries	1300 650 172
<b>Drugs Helpline</b>	<b>1800 888 236</b>
<b>Domestic Violence (Support)</b>	<b>9781 4658</b>
Family Violence Crisis Service	9791 6111
(After hours and weekends)	0400 503 338
<b>Hepatitis C Helpline</b>	<b>1800 800 241</b>
<b>Kids Help Line</b>	<b>1800 551 800</b>
Lifeline (24 hour)	131 114
Mensline (Crisis Support for Men)	1300 789 978
<b>Missing Persons</b>	<b>1800 000 634</b>
<b>Nurse on Call</b>	<b>1300 606 024</b>
Peninsula Crisis Contact Centre	9784 5050
<b>Psychiatric Advice Line (24 hour)</b>	<b>1300 792 977</b>
SalvoCare Eastern	9784 5050
<b>Sexual Assault Crisis Line</b>	<b>1800 806 292</b>
Suicide Callback Service	1300 659 467
Suicide Helpline (Vic)	1300 651 251
<b>Victims of Crime Helpline</b>	<b>1800 819 817</b>
<b>Women's DV Crisis Service</b>	<b>9322 3555</b>
(24 hour or Toll Free)	1800 015 188

**HOMELESS ADVOCACY SERVICE 1800 066 256**



## Community Support Frankston (CSF)

may be able to offer you limited assistance. Before we can help you, it is important let our trained volunteer community workers know the full details of your situation so they can work with you to achieve the best outcome.

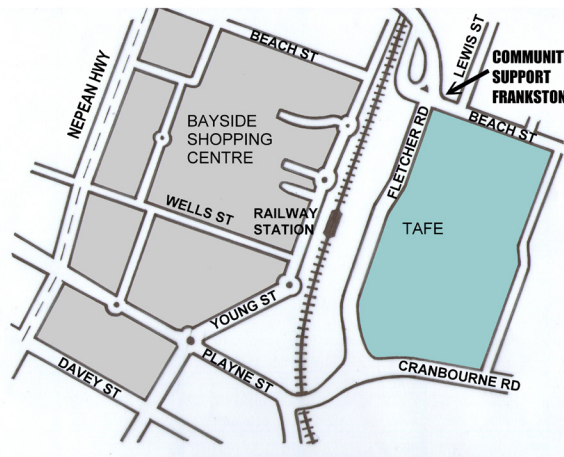
### OPEN HOURS

Monday	9:00am — 4:00pm
Tuesday	9:00am — 4:00pm
Wednesday	9:00am — 4:00pm
Thursday	1:00pm — 4:00pm
Friday	9:00am — 4:00pm

**9783 7284**

or contact us via email:  
[csf@frankston.net](mailto:csf@frankston.net)

### 35 Beach Street, Frankston



COMMUNITY SUPPORT FRANKSTON  
Inc. Reg. No. A0000431J ABN 95 426 151 625

# Homeless in Frankston

August 2017

## information & services



- free hot meals ●
- showers ● clothing ●
- health clinic ●
- crisis contacts ●



## ▶▶▶▶ Emergency Accommodation

### SalvoCare Eastern (Salvation Army)

37 Ross Smith Ave, Frankston

Phone: 9784 5050 (8.30am to 5.30pm)

**After hours Toll Free: 1800 825 955**

## ▶▶▶▶ Free Hot Meals

### TUESDAY

5:00pm — 7:00pm

#### John Paul College Food Van

Cnr Clyde & Station Street, Frankston

(Food parcels, tea, coffee, soup,  
+ non perishable foods)

### WEDNESDAY

12:15pm — 1:00pm Free sausage sizzle

#### Uniting Church

16-18 High Street, Frankston

Phone: 9783 3400

### Sikh Volunteers Australia

6:30pm — 7:30pm - Food Van

Young Street car park next to tasman meats

Free and freshly cooked vegetarian take-away meal

### FRIDAY

#### Braaap Community Support BBQ

12:00pm - 1:00pm

\$2 Sausage sizzle (or free for homeless  
and disadvantaged)

Every Friday

35 Playne Street Frankston

### Lifegate Inc. Food Van

7:00pm — 9:00pm

Young street, car park next to tasman meats.

Usually available on the 1st and 3rd Friday of  
the month.

### SATURDAY

#### Sikh Volunteers Australia

6:30pm — 7:30pm - Food Van

Young Street car park next to tasman meats

Free and freshly cooked vegetarian take-away meal

## ▶▶▶▶ Free General Health Service

Run by **RDNS Homeless Persons Program** and

### SalvoCare Eastern

37 Ross Smith Ave East, Frankston

**Monday:** 9:30am — 12:00pm

### Community Support Frankston

35 Beach St, Frankston

**Thursday:** 1:00pm — 4.00pm

## ▶▶▶▶ Free Gas BBQ's

(with distances from Frankston Station)

- Kananook Creek Reserve, South of Life Saving Club, Frankston (0.7km)
- Frankston Pier Precinct, Nepean Hwy, South Frankston (0.9km and 1.2km)
- George Pentland Gardens, behind Frankston Hospital (1.2km and 1.5kms)

## ▶▶▶▶ Free Clothing

Salvation Army Family Stores

17 Thompson Street, Frankston

Phone: 9770 2549

**Monday — Friday:** 9:00am — 5:30pm

**Saturday:** 9:00am — 5:00pm

NOTE: Crisis Centre referral needed for "Free of charge" clothing.

## ▶▶▶▶ Free Laundry Vouchers

### Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284

Assessment required. Vouchers are redeemable at Bubbles on Beach Laundrette.

### Chelsea Community Church of Christ

**Wednesdays 7:30am - 9 am**

Washing and drying facilities available.

**3-5 Blantyre Avenue Chelsea**

## ▶▶▶▶ Legal Advice

### Homeless Persons Legal Clinic

Legal assistance for people who are homeless or at risk of being homeless in Victoria:

8636 4408 or TOLL FREE: 1800 606 313

## ▶▶▶▶ Free Clinic for Pets

### Frankston "Pets in the Park"

Frankston Park Football Oval

High St, Frankston, Next to Grandstand

Last Sunday in the month 2:00pm - 4:00pm

**SERVICE IS BY REFERRAL ONLY.**

**For more details, contact Community Support Frankston on 9783 7284.**

This project is run by local vets and volunteers. It provides free advice and basic medical care for pets owned by people who are homeless or are at risk of becoming homeless.

## ▶▶▶▶ Free Showers

**Clean as Casper @**

### Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284

**Thursday:** 12:00pm — 3.00pm

### Chelsea Community Church of Christ

#### Hot Showers

**Wednesdays 7:30am - 9 am**

Privacy Assured, toiletries and towels provided.

**3-5 Blantyre Avenue Chelsea**

## ▶▶▶▶ Free Internet

### Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284

**Mon — Wed and Friday:** 9:00am — 4:00pm

**Thursday:** 1:00pm — 4:00pm.

Can pre-book one hour time blocks.

### Frankston Library

60 Playne Street, Frankston

Phone: 9784 1020

### Haircuts

**Wednesdays 8-11 am**

Men and Ladies haircuts available

**3-5 Blantyre Avenue Chelsea**