

OPPORTUNITY SHOPS



RSPCA ANIMAL AID

Shop 4, 43 Playne St, Frankston

Phone: 9783 5994

Mon—Fri 9:30am-4:00pm; Sat 9:30am-12 noon

Clothing, linen, bric-a-brac, toys, dog food, flea treatment supplies and dog accessories

BROTHERHOOD OF ST. LAURENCE

1-3 Station St, Seaford

Phone: 9786 7015

Mon—Fri 9.30am-4:30pm; Sat 9.30am-12 noon.

Clothing, linen, bric-a-brac and toys

The Village, 1195 Frankston Dandenong Rd. Carrum Downs

Mon—Fri 9:00am-4:00pm; Sat 9:00am-12 noon.

Clothing, linen, bric-a-brac and toys

CITY LIFE

Shop 9 Station Street, Frankston

Phone: 9770 0660

Mon—Fri 10.00am-4:00pm; Sat 10.00am-1:00pm

Clothing, linen, bric-a-brac, toys and furniture

RED CROSS SHOP

13b Thompson St, Frankston

Phone: 9770 2355

Mon—Fri 9:30am-4:30pm; Sat 10:00am-

3:00pm Clothing, linen, bric-a-brac and toys

SALVATION ARMY THRIFT SHOP

33 Ross Smith Avenue, Frankston

Phone: 9781 2020

Mon—Fri 9:30am-4:00pm; Sat 9:30am-1:00pm

Clothing, linen, bric-a-brac, toys and furniture

VINNIES

80-82 Young Street, Frankston

Phone: 9770 5818

Mon — Fri 9:00am-4:00pm

Clothing, linen, bric-a-brac, toys and furniture

152 Austin Rd, Seaford

Phone: 9776 9264

Mon, Tues, Thurs, Fri 9:00am-4.30pm;

Wed — 8:00am-4:00pm; Sat 9.00am-12 noon

Clothing, linen, bric-a-brac, toys

562 Frankston-Dandenong Rd. Carrum Downs

Phone: 9770 8669

Mon — Sat 9:00am-5:00pm

Clothing, linen, bric-a-brac, furniture and toys

ST. JOHN'S ANGLICAN CHURCH OPPORTUNITY SHOP

4 Monterey Blvd & Frankston

Dandenong Rd, Frankston North

Phone: 9782 0572

Mon 9.00am - 2.00pm; Thu 9.00am - 2.00pm

2nd and 4th Sat per month 10.00am - 1.00pm

MARKETS



FRANKSTON MARKET

Carpark, Young St Frankston

Every Sunday 8:00am-1:00pm

Entry: Gold coin donation

Clothing, bric-a-brac, toys, plants

SEAFORD FARMERS MARKET

Broughton Street reserve, Seaford

3rd Sunday each month 8:00am-1:00pm

Entry: \$2 donation

Where to find assistance

March 2018

In the Frankston area



● food ● meals ● groceries ●
● op shops ● markets ●



35 Beach Street, Frankston
Phone: 9783 7284

COMMUNITY SUPPORT FRANKSTON
Inc. Reg. No. A0000431J ABN 95 426 151 625

FOOD AND GROCERIES



COMMUNITY SUPPORT FRANKSTON

MON, TUES, WED, FRI: 9:00am – 4:00pm

THURSDAY: 1:00pm – 4:00pm

35 Beach St, Frankston

Phone: 9783 7284

Subject to CSF assessment of financial crisis, help may be provided in the form of overnight groceries and assistance obtaining other basic living essentials. An appointment is recommended. Bring supporting documentation to the interview.

*PLEASE NOTE: Reduced opening hours in January, refer to www.frankston.net for times

PENINSULA CHRISTIAN CARE

TUESDAY Food Pantry - 10am - 2pm
(Must phone for an appointment)

TUESDAY Basic food relief - 10am 4pm
(not always open - phone first)

Wednesday - Thursday - We can help only if food is left over

252 Frankston-Flinders Road, Frankston

Phone: 5971 4877

For Frankston and Baxter residents.

SOCIETY OF ST. VINCENT DE PAUL

Phone: 9769 6060 to arrange a visit.

LIMITED VISITS EACH DAY

Please ring at 9:00am.

Catholic volunteer workers visit the client's home and assess level of assistance needed.

Available to Frankston, Frankston North, Langwarrin and Seaford residents (up to Armstrongs Rd) and Carrum Downs residents west of McCormick's Rd.

Skye residents ring Cranbourne - 5995 0211.

All other areas phone 1800 305 330.

FREE MEALS — FRANKSTON



MONDAY

Theadora House - Karingal

12:30pm — 2:00pm

24 Whitford Way, Frankston

Free hot meal

TUESDAY

John Paul College Food Van

5:00pm — 7:00pm

Cnr Clyde & Station Street, Frankston

(Tea, coffee and food items)

WEDNESDAY

Salvation Army - Carrum Downs

Food Distribution: 10:00am - 12:00pm

2 Course Lunch: 12:00pm - 1:00pm

Canteen available- lunch menu from \$2

1265 Frankston-Dandenong Rd

Phone: 9775 1915

Uniting Church

Free sausage sizzle 12:15pm — 1:00pm

16-18 High Street, Frankston

Phone: 9783 3400

Wildpath

Free coffee & food hampers.

6:00pm - 8:00pm

Young St carpark (next to Tasman Meats)

Sikh Volunteers Australia

Food Van - 7:00pm — 8:00pm

Young Street car park next to tasman meats

Free and freshly cooked vegetarian take-away meal

FRIDAY

Lifegate Inc. Food Van

7:00pm — 9:00pm

Young street car park next to tasman meats. Usually available on the 1st, and 3rd Friday of the month.

SATURDAY

Sikh Volunteers Australia

Food Van - 7:00pm — 8:00pm

Young Street car park next to tasman meats

Free and freshly cooked vegetarian take-away meal

FOOD — OTHER AREAS



PANTRY 5000

WEDNESDAY 9:30am – 1:00pm

St Aidan's Church Hall

Cnr Poulson St & McLeod Rd, Carrum

Phone Parish office: 9772 1251

Postcode **3195, 3196, 3197, 3198, 3201**

To receive a hamper you need:

- Current Health Care card
- Support Agency referral
- An interview so staff can provide the level of food support you need

Your Pantry

MONDAY 9:00am – 12:30pm

WEDNESDAY 7:30am – 1:00pm

3-5 Blantyre Avenue, Chelsea

Chelsea Community Church of Christ

For more information please call the office on 9773 0301

FRESH FOOD



ST MARKS UNITING CHURCH

THURSDAY 10:00am

50 Barkly St, Mornington

Phone: 5975 1943

Free fresh food donated by farmers, wholesalers, markets and supermarkets.

MEALS — OTHER AREAS



TUESDAY

Lunch — Matts Place

11:30am – 1:00pm

St Chad's Church

10 Thames Promenade, Chelsea

Free hot lunch for homeless, lonely, or disadvantaged people.

WEDNESDAY:

Breakfast - (in partnership with Chelsea Uniting Church)

7:45- 9:45am

3-5 Blantyre Avenue Chelsea

Dinner- St Macartan's Parish

7:00pm - 9:00pm

4 Drake Street, Mornington

Phone: 5975 2200