

CLOTHING AND WHITEGOODS



ANIMAL AID OPPORTUNITY SHOP
Shop 4, 43 Playne St., Frankston
Phone: 9783 5994

Mon – Fri: 9:00am – 4:00pm
Saturday: 9:00am – 12 noon

ASHWOOD BULK DISCOUNTS
483 Warrigal Road, Ashwood
Phone: 9885 8829

New, factory seconds, reconditioned whitegoods and electrical household goods. No-interest payment plans arranged for people on Centrelink benefits. Minimum \$50 deposit, \$25 per week.

CITY LIFE
6 Clyde Street, Frankston
Phone: 9770 0660

Mon – Fri: 10:00am – 4:00pm
Saturday: 10:00am – 1:00pm
Furniture and clothing.

RED CROSS SHOP
13b Thompson Street, Frankston
Phone: 9770 2355

Mon – Fri: 9:00am – 4:00pm
Saturday: 9:00am – 12 noon

SALVATION ARMY FAMILY STORES
Unit 5/2 Amayla Cres, Carrum Downs
Phone: 9776 4691

Mon – Sat: 9:00am - 5:00pm

17 Thompson Street Frankston
Phone: 9770 2549

Mon – Fri: 10:00am - 4:00pm
Saturday: 10:00am - 1:00pm
Crisis Centre referral for 'free of charge' clothing.

SAVERS AUSTRALIA
16-22 Playne Street, Frankston
Phone: 9783 1711

Mon – Sat: 9:00am - 6:00pm
Sunday: 10:00am - 5:00pm

BROTHERHOOD OF ST. LAURENCE OPPORTUNITY SHOPS

27 Keys St, Frankston
Phone: 9769 6142

Mon – Fri: 9:30am – 4:00pm
Saturday: 9:30am – 3:00pm

1 - 3 Station St, Seaford
Phone: 9786 7015

Mon – Fri: 9:30am – 4:00pm
Saturday: 9:30am – 12 noon

SOCIETY OF ST. VINCENT DE PAUL
25 Ross Smith Avenue, Frankston
Phone: 9769 6060

Monday – Thursday: 9:00am - 4:00pm
Friday: 9:00am - 4:30pm

154 Austin Road, Seaford
Phone: 9776 9264

Mon – Fri: 9:00am – 4:30pm
Saturday: 9:30am – 12 noon

ST. PAUL'S OPPORTUNITY SHOP
29 Ross Smith Ave, Frankston
Phone: 9783 3984

Mon – Fri 9:00am–4:30pm,
Sat 9:30am–2:00pm



**Where
to find
assistance**

- meals
- food
- groceries
- low cost haircuts
- furniture removal
- clothing
- whitegoods



FRANKSTON
COMMUNITY SUPPORT
INFORMATION CENTRE

68 Playne Street, Frankston

INFORMATION CURRENT 16th OCT 2008

www.frankston.net
www.frankston.net

MEALS



FREE HOT BREAKFAST

**St. Paul's Church Hall,
High St, Frankston** (beside football ground)

Monday — Saturday: 7:00am — 8:30am

Free hot breakfast provided for people who are homeless, unemployed, pensioners or anyone suffering from hardship or loneliness.

HOT LUNCH (City Life Cafe)

10-12 Clyde Street, Frankston

Phone: 9770 0660

Wed, Thurs, Fri at 12:00pm (sharp) until 1:00pm.

Admission by gold coin donation,

FREE COFFEE & CAKE (City Life Cafe)

10-12 Clyde Street, Frankston

Phone: 9770 0660

Wed, Thurs, Friday: 10:30am - 1:30pm.

FREE HOT SOUP (Salvation Army)

Car park next to Blockbuster Video

Phone: 0402 318 964

Saturday, Sunday evening: 7 00pm.

Free packet soup, tea and coffee.

FOOD & GROCERIES



FRANKSTON COMMUNITY SUPPORT & INFORMATION CENTRE

68 Playne St, Frankston

Phone: 9768 1600

Mon, Tue, Wed, Fri: 9:00am — 4:00pm

Thursday: 1:00pm — 4:00pm

Subject to FCSIC assessment of financial crisis, help may be provided in the form of overnight groceries and assistance obtaining other basic living essentials. An appointment is recommended. Bring supporting documentation to the interview.

SOUTHCARE COMMUNITY CARE INC.

**Factory 11, 61 Frankston Gardens Drive
Carrum Downs**

Phone: 8796 3466 (or leave message)

Program closing from 27th June until further notice.

PENINSULA CHRISTIAN CARE

250 Frankston-Flinders Road, Frankston

Phone: 5971 4877

Ladies & children's clothing. Household goods, furniture and appliances when available. Community kitchen. Mothers and babies group. Frankston South residents only. An appointment is necessary.

SALVATION ARMY

1265 Frankston Dandenong Rd

Carrum Downs

Phone: 9775 1915

Monday and Thursday : 10:00am — 1:00pm.

Assistance with food by appointment only. Aid once per month and must produce Health Care or Pension Card. Available to Carrum Downs, Skye, Langwarrin and NE Seaford residents.

17 Forest Drive, Frankston North

Phone: 9776 8456

Wednesday: 9:30am — 12 noon

For Frankston North residents only. Please phone to arrange an appointment.

Crisis Centre, Frankston

(In an emergency phone 9784 5050)

SOCIETY OF ST. VINCENT DE PAUL

Phone: 9769 6060 to arrange a visit.

Catholic volunteer organisation workers visit the client's home and assess level of assistance needed. Available to Frankston, Frankston North, Langwarrin and Seaford residents (up to Armstrongs Rd) and Carrum Downs residents west of McCormick's Rd. Please ring 9am as there are limited visits each day.

Skye residents should ring Cranbourne - 5996 3926.

North of Armstrongs Rd ring Edithvale - 9772 5184

COMMUNITY SUPPORT SUPERMARKET

16 Young St, Frankston,

Phone: 9770 5027

Mon - Fri: 9:00am — 5:00pm

Saturday: 10:00am — 2:00pm

Bayside Dream Centre is a Church-run Community Support Supermarket selling general groceries, nappies and formula.

NAPPY LAND

145 Beach Street, Frankston

Phone: 9770 0777

LOW COST HAIRCUTS



CHISHOLM HAIR AND BEAUTY

Phone: 9238 8515

Cnr Fletcher & Beach St, Frankston.

(Ring for an appointment).

Aged pensioners \$12, all others \$18.

Aged pensioner perm \$30.

EXPRESS CUTS

Shannon Mall, Frankston

Tuesday and Thursday only.

Children and aged pensioners: \$10

Ladies and mens: \$16.50

FURNITURE REMOVAL



BROTHERHOOD OF ST.

LAURENCE

Unit 3, 28 New St. Frankston

Phone: 9781 4877

South-East & Peninsula area. You will need a Health Care or pensioner card for a quote. Discount rates for low income earners, not-for-profit and local community organisations.