Free Health Service

Program is a Community Health Nursing Program working with people who are homeless or at risk of homelessness and are experiencing physical and wellbeing issues. The service operates Monday, Tuesday, Thursday and Friday.

Co-located at Community Support Frankston and SalvoCare Phone: 9783 7284 or 0459 382 981

Needle Syringe Program

SHARPS - 20 Young Street, Frankston **9am - 5pm.** No appointment necessary **Monday - Friday. Phone: 9784 7409** Evening Mobile Outreach service (7 evenings a week from 6.30 - 10pm). **1800 642 287**

Free Legal Advice

Homeless Persons Legal Clinic

Phone: 8636 4408 OR Toll Free: 1800 606 313

For people who are homeless or at risk of

being homeless in Victoria.

Peninsula Community Legal Centre Phone: 9783 3600 OR Toll Free: 1800 064 784 to make an appointment Providing free legal services for people who live, work or study in the Frankston.

For information on Food, Groceries and Free Meal Services available in Frankston, call for a copy of our "Where to Find Food Assistance" brochure from Community Support Frankston, 35 Beach Street, Frankston 9783 7284 or download a copy from our website: www.frankston.net

Free Clinic for Pets

Frankston "Pets in the Park"

For more details contact Community Support Frankston on 9783 7284

Personal Crisis Information

| Alcoholics Anonymous (AA) | 1300 222 222 |
|---|--------------|
| Beyond Blue Depression Initiative | 1300 224 636 |
| DFFH (Bond Loans) | 9784 3100 |
| Dental Health Services Emergency | 1300 360 054 |
| Dental Health Services General | 9341 1000 |
| Drugs Helpline | 1800 250 015 |
| Grief Line | 1300 845 745 |
| Headspace | 9027 0100 |
| Hepatitis C Helpline | 1800 437 222 |
| Kids Help Line | 1800 551 800 |
| Launch Housing (Private rent in arrears and rent in advance) | 9556 5775 |
| Lifeline (24 hour) | 13 11 14 |
| Men's Line (Crisis Support) | 1300 789 978 |
| Mental Health Triage Service | 1300 792 977 |
| Missing Persons | 1800 000 634 |
| Narcotics Anonymous | 1301 652 820 |
| Nurse on Call | 1300 606 024 |
| Safe Steps Family Violence Response Centre | 1800 015 188 |
| SalvoCare Eastern Crisis | 9784 5000 |
| Accommodation - Toll Free (24 hr) (Rent in Advance - Rooming Houses) | 1800 825 955 |
| Sexual Assault Crisis Line | 1800 737 732 |
| Suicide Callback Service | 1300 659 467 |
| Suicide Helpline (Victoria) | 1300 651 251 |
| The Orange Door | 1800 319 353 |
| Family Violence Support | |
| Victims of Crime Helpline | 1800 819 817 |
| | |

Homeless in Frankston

September 2025

Information and Services



- Showers
- Laundry
- Crisis contacts
- Medical
- Legal advice
- Health services
- Emergency accommodation



35 Beach Street, Frankston Phone: 9783 7284

Email: csf@frankston.net www.frankston.net



Community Support Frankston 35 Beach Street, Frankston

9783 7284

Email: csf@frankston.net
Web: www.frankston.net

Our telephones are manned on:

Monday, Tuesday, Wednesday & Friday 9.30am - 3.30pm

and Thursdays from 12pm - 3.30pm

Community Support Frankston can provide Frankston residents financial, material and other emergency relief assistance, including information and advocacy. Call and speak with a volunteer worker, who will assess your current needs and discuss how we can provide you with Emergency Relief and essential supports.

If you don't have a phone - reminder that every Telstra payphone in Australia is now <u>free</u> to use, so please call us.

Community Support Frankston also offer a **free take-away hot meal** (pick-up only) for Frankston Residents every Monday, Tuesday, Thursday and Friday between 12noon - 2pm.



Community Support Frankston

Inc. Reg. No. A0000431J ABN 95 426 151 625

Free Showers

Bolton Clarke Outreach Shower Service is currently operating as required. **Call Bolton Clarke Outreach** on **0459 382 981** or Community Support Frankston **9783 7284** for more information. *Hot Showers, toiletries and towels provided free of charge.* **Showers located at** Comfort Station, 6 Playne Street.

Free Public BBQ's

Beauty Park High Street, Frankston Frankston Pier Precinct, Nepean Highway George Pentland Gardens, Williams Street Kananook Creek Reserve, south of the Frankston Life Saving Club

Free Laundry and Vouchers

Orange Sky Laundry

Co-located at Community Support Frankston 35 Beach Street, Frankston

Every Wednesday: 11.30am - 2pm Every Thursday: 1.30 - 3.30pm

Free mobile laundry service for the homeless

Community Support Frankston

35 Beach Street, Frankston

Phone: 9783 7284 for assessment

Laundry vouchers

Drug & Alcohol Service

Frankston and Mornington Drug and Alcohol Service (FAMDAS)

Frankston Integrated Health Centre 2 Hastings Road, Frankston

Phone: 1300 665 781

Crisis Accommodation

SalvoCare Eastern (Salvation Army)

37 Ross Smith Avenue East, Frankston **Phone: 9784 5000. 8.30am - 5pm**

No appointment necessary

After Hours Toll Free: 1800 825 955

Crisis and support service for individuals, families and young people who are homeless or at risk of homelessness.

Medical and Dental Centres

Frankston Medicare Urgent Care

Clinic Shop 1-3, 49 Beach Street Frankston

Phone: 9119 1077

Open 7 days a week. 8am - 10pm

New Medicare Urgent Care Clinic providing free, high quality care for urgent but non-life threatening injuries and illnesses. Supporting Frankston Hospital Emergency Department

Young Street Medical and Dental Centre

89-97 Young Street, Frankston **Phone: 9771 8111. 8am - 6pm**Open 7 days with on-line booking service

Victorian Virtual Emergency Department (VVED) - Free 24/7 Service

Website: www.vved.org.au

Mental Health Services

Mental Health Triage Service

Peninsula Health

Phone: 1300 792 977

Mental Health & Wellbeing Local

For free support in Frankston

Phone: 1800 000 525