

Gambling Problems?

January 2025

Information for individuals, family members and friends affected by gambling

►► Gambler's Help

Free confidential Gambler's Help Services, including in other languages

24 hours, 7 days a week.

Free Call: 1800 858 858

Web: gamblershelp.com.au

Hearing Impaired: TTY 133677

►► Gambler's Help Southern

Confidential, free, professional support for gamblers and their families

Phone: 9575 5353

Time: 9am - 5pm weekdays

Web: gamblershelpsouthern.org.au

►► Gambler's Help Youthline

Support for people under 25

Free Call: 1800 262 376



35 Beach Street, Frankston

Phone: 9783 7284

www.frankston.net

Inc. Reg. No. A0000431J ABN 95 426 151 625

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▶▶▶▶ **Gamblers Anonymous**

Phone: 9696 6108
Web: www.gaaustralia.org.au
Email: gavictoria18a@hotmail.com

▶▶▶▶ **Gam-Anon**

Information for family members affected by gambling.

Phone: 1300 306 975 or 9728 4893
Web: www.gam-anon.org
Email: gam-anon@live.com.au

▶▶▶▶ **Crown Responsible Gaming Support Centre**

Phone: 1800 801 098
24 hours, 7 days a week

▶▶▶▶ **AHA Self Exclusion Program**

Phone: 9654 3491
24 hour answering service

▶▶▶▶ **Lifeline**

Phone: 131 114
Web: www.lifeline.org.au

▶▶▶▶ **Suicide Helpline Victoria**

Phone: 1300 651 251
Web: www.suicideline.org.au

▶▶▶▶ **Kids Help Line**

Phone: 1800 551 800
Web: www.kidshelpline.com.au

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