

Monday 13th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **Phone: 0413 807 763**
10am - 3.30pm
Free food hampers and frozen meals

Tuesday 14th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **Phone: 0413 807 763**
10am - 3.30pm
Free food hampers and frozen meals

Project Fresh Start - Community Fridge

will re-commence today at 20 Young Street. Free freshly cooked vegan meals can include pastas, curries, pies, soups, salads, puddings, baked goods and fruit.

Wednesday 15th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

High Street Uniting Church BBQ

16-18 High Street, Frankston.
12noon - 1pm. Community BBQ Lunch
Sikh Volunteers Australia - Food Van
Young Street carpark (next to Tasman Meats)
6pm - 6.30pm Wednesday
Free freshly cooked vegetarian take-away meal for homeless and needy people.

Thursday 16th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **Phone: 0413 807 763**
10am - 3.30pm *Free food hampers / frozen meals*

Friday 17th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm (4 days a week)
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **Phone: 0413 807 763**
10am - 3.30pm *Free food hampers / frozen meals*

Where to Find Food Assistance

6th - 17th January 2025 Version

In the Frankston Area



● Food ● Meals ● Groceries



35 Beach Street, Frankston
Phone: 9783 7284

Email: csf@frankston.net www.frankston.net

Inc. Reg. No. A0000431J

ABN 95 426 151 625



Community Support Frankston
35 Beach Street, Frankston
9783 7284

Email: csf@frankston.net
Web: www.frankston.net

Our telephones are manned on:
Monday, Tuesday, Wednesday & Friday
9.30am - 3.30pm
and *Thursdays* - 12pm to 3.30pm

Community Support Frankston is offering Frankston residents a telephone and email-based assistance service. You can call and speak with a worker, who will assess your current needs and discuss how we can provide Emergency Relief and essential supports to you. If you don't have a phone - reminder that every Telstra payphone in Australia is now free to use, so please call us.

Community Support Frankston also offer a free take-away hot meal (*pick-up only*) for Frankston Residents every Monday, Tuesday, Thursday and Friday from 12noon - 2pm.

Monday 6th January 2025

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm (4 days a week)
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **0413 807 763**
10am - 3.30pm
Free food hampers and frozen meals

Tuesday 7th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **0413 807 763**
10am - 3.30pm
Free food hampers and frozen meals

Wednesday 8th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **0413 807 763**
10am - 3.30pm
Free food hampers and frozen meals

Sikh Volunteers Australia - Food Van

Young Street carpark (next to Tasman Meats)
6pm - 6.30pm Wednesday
Free freshly cooked vegetarian take-away meal for homeless and needy people.

Thursday 9th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm
Free take-away hot meal (pick-up only)

Friday 10th January

Brekky Club

Uniting Church, 16-18 High Street, Frankston
7am - 8am (5 days a week)
Free dine-in cooked breakfast and hot cuppa

Community Support Frankston

35 Beach Street, Frankston
12noon - 2pm
Free take-away hot meal (pick-up only)

Theodora's Cheerful Givers

1/12 Govan Street, Seaford. **0413 807 763**
10am - 3.30pm
Free food hampers and frozen meals

Saturday 11th January

Sikh Volunteers Australia - Food Van

Young Street carpark (next to Tasman Meats)
6pm - 6.30pm
Free freshly cooked vegetarian take-away meal for homeless and needy people.

Sunday 12th January

Sikh Volunteers Australia

Free food home delivery service every Sunday - for elderly, single parents, unemployed, International students and needy people. To pre-order SMS/TEXT your name, address and email to: 0452 401 734. (orders must be placed by no later than 7pm on Saturday evening). Meals will be delivered between 5pm-7pm on Sunday evening. *Freshly cooked vegetarian food.*